

**DEPARTMENT OF DEFENSE DEPENDENTS' SCHOOLS
PRESCHOOL SERVICES FOR CHILDREN WITH DISABILITIES
(PSCD)**

Locations: JN Darby School, Building 5114
Sasebo Elementary School, Building 1425

Telephone: 252-8800 (Darby)
252-3600 (Sasebo)

POC: CSC Chairperson and/or PSCD teacher

Mission/Brief Description of Services or Program: PSCD is a DoDDS program, which provides services to preschool children (3-5 years old) identified through testing, who exhibit significant developmental delays in either language, cognitive (intellectual), physical/motor, social/emotional, and/or adaptive skills. Services may be provided in a variety of setting and by professionals at the school with related services provided by EDIS (if needed).

Ages/Description of Children and Families Served: Children ages 3-5 who have been found eligible under DoDDS criteria for special education services.

Referral Process: Parents, physicians, EDIS or other professionals who work with the child may call the elementary school to arrange a referral meeting/observation. Children who have recently moved to this area and were receiving services outlined in an IFSP or IEP are encouraged to contact the elementary school.

Websites: Darby: <http://www.darby-es.pac.odedodea.edu/>
Sasebo: <http://www.sasebo-es.pac.odedodea.edu/>

**DEPARTMENT OF DEFENSE DEPENDENT'S SCHOOLS
SURE START**

Locations: JN Darby School, Building 5114
Sasebo Elementary School, Building 1425

Telephone: 252-8800 (Darby)
252-3600 (Sasebo)

POC: Sure Start Teacher

Mission/Brief Description of Services or Program: This program is for children four years of age by October 31st who have been determined “at risk” for future school difficulty and who would benefit from Sure Start’s comprehensive services. The following criteria related to family situations are used to determine if a child is “at risk”:

- Child in a family with income corresponding to E-1 to E-4 or GS-1 to GS-4
- Child was of low birth weight
- Child has parent whose primary language is not English
- Child has a parent who was a teenager with first child
- Child has a parent who has not graduated from high school
- Child has three or more siblings close in age
- Child has an older or younger sibling with a disability
- Child has a parent on remote assignment for six or more months
- Child is 4 years of age on or before Oct. 31st.

Referral Process: Selection by the Sure Start steering committee. Applications are available at the elementary school.

Websites: Darby: <http://www.darby-es.pac.odedodea.edu/>
Sasebo: <http://www.sasebo-es.pac.odedodea.edu/>

BUDGETING FOR BABY CLASS
NAVY AND MARINE CORPS RELIEF SOCIETY (NMCRS)

Location: Building 155- Community/Education Center

Telephone: 252-3366

Hours of Operation: 0800-1300

Program Description: This one-hour course is open to all pregnant people and their spouses- rank makes no difference! Members examine their personal budget using their own figures with a focus on the anticipated expenses of a new baby. Upon course completion, participants will receive a layette donated by Gerber, valued at \$100.00. This course is by appointment only and students must have a completed budget and a current LES in order to attend. Contact the friendly NMCRS staff with any questions about this course.

NAVY FLEET & FAMILY SUPPORT CENTER (NFFSC)

Location: Building 310

Telephone: 252-3604

POC: FFSC Director

Hours of Operation: 0730-1630 Weekdays

Mission/Brief Description: FFSC fulfills an essential portion of Navy mission effectiveness by enhancing the quality of life of all sailors, civilians, and family members stationed at Fleet Activities Sasebo. FFSC's mission is to provide information & referral, relocation, transition, financial management and spouse employment assistance, education and training, counseling, crisis intervention and personal and family wellness programs to all supported individuals. A key responsibility of the Sasebo FFSC is assisting in the acclimation of new arrivals to their tour of duty in Japan, through provision of an Intercultural Relations workshop and related cultural adaptation services. FFSC has a staff of licensed and certified Clinical Counselors providing individual, marriage, family, and group counseling. The staff also offers stress and anger management workshops, parenting classes, couple's communication classes, and support groups for divorce/separation and cross-cultural relationships. Counseling personnel also provide shipboard and shore-bound Return and Reunion training, Pre-Deployment briefings, and various other deployment cycle workshops, in support of our deploying units. All counseling services maintained with utmost confidentiality, in keeping with regulatory limitations, which will be outlined prior to commencing any counseling services.

Age/Description of Children and Families Served: All ages.

Referral Process: Self and/or chain of command.

NEW PARENT SUPPORT PROGRAM (NPSP)

Location: Fleet & Family Support Center, Building 310

Telephone: 252-3604 or 252-3604

POC: New Parent Support Nurse

Hours of Operation: 0730-1630 Weekdays

Mission/Brief Description of Services or Program: The Navy New Parent Support Program is an early intervention home visiting program designed to promote healthy family functioning, child development, positive parent-child interactions, and to provide advocacy and referral to other services.

Target population is all expectant and new parents with an infant under the age of 4 months. Expectant and new parents who are at high risk for potential child abuse/neglect and who have multiple stressors.

New Parent Support Program Services:

- Education to all new and expectant parents on childbirth, parenting, healthy childhood growth and development.
- Home visiting services for family support and education.
- Parent support groups.
- Parent-child interaction curriculum.
- Child development screening.
- Child health tracking (well child, immunizations)
- Long term follow-up until age five.
- Age referral

**FAMILY ADVOCACY PROGRAM
NAVY FLEET AND FAMILY SUPPORT CENTER**

Location: Building 310, NFFSC

Telephone: 252-3100

POC: Family Advocacy Program Manager

Hours of Operation: 0730-1630 Weekdays

Mission/Brief Description of Services or Program: The Family Advocacy Program (FAP) promotes family health, welfare, and morale by preventing or treating cases of family maltreatment and by supporting family members who have special medical or educational needs. FAP manages cases of alleged abuse beginning with initial intervention and ending with case closure. FAP provides parenting and family education, support groups, community education, and various briefs pertaining to the prevention of domestic violence and child abuse. Marriage and family counseling are also available.

Age/Description of Children and Families Served: All ages.

Referral Process: Command, medical, law enforcement, school, and self referrals accepted.

**WIC-Overseas
(Women, Infant and Children)**

Location- Hario-Chapel Annex-Building 5141

Telephone- 252-8781

Hours of operation- 0730-1630 (by appointment only)

Description- WIC Overseas is a food and nutrition program for pregnant, breast-feeding and post-partum women and children under 5 years old.
Eligibility is determined by household income, family size and nutritional need.
Families must bring orders to Sasebo, current LES/check stub, current blood work results (hematocrit), and ID.

BRANCH DENTAL CLINIC

Locations: Building 1529(Main Base)
Building 5139(Hario Annex)

Telephone: 252-3747/3886(Main Base)
252-8977(Hario)

Hours of Operation: 0715-1530 MWF; 0715-1600 TU/TH
Closed Wednesday afternoons@1300 for staff training

Mission of Command: As a Branch Clinic of the Naval Dental Center Far East in Yokosuka, the clinical staff is proud to provide quality dental services to the CFAS community.

Services Provided: We are responsible for providing routine and emergency dental care to shore based active duty personnel and their family members, DoD employees and other SOFA eligible patrons.

Referral Process: Access is via self-referral, physician referral, school or day care referral, or family advocacy referral.

OTHER SOURCES OF INFORMATION

Department of Defense Dependents' School (DoDDS)

4040 North Fairfax Drive
Arlington, VA 22203-1635
Tel: (703) 696-4493
<http://www.odedodes.edu>

National Information Center for Children and Youth With Disabilities (NICHCY)

P.O. Box 1492
Washington, DC 20013-1492
Tel: 1-800-695-0285
<http://www.nichcy.org>

Specialized training of Military parents (STOMP)

12208 Pacific Highway, SW
Tacoma, WA 98499
Tel: (206) 588-1741
(parents may call collect)

SASEBO AREA DOD SCHOOLS

DARBY ELEMENTARY SCHOOL

PSC 485, BOX 99
FPO, AP 96321
Tel: 252-8800
<http://www.darby-es.pac.odedodea.edu>

SASEBO ELEMENTARY SCHOOL

PSC 476, BOX 128
FPO, AP 96322
Tel: 252-3600
<http://www.sasebo-es.pac.odedodea.edu>

EJ KING HIGH SCHOOL

PSC 476, BOX 9
FPO, AP 96322
Tel: 252-3059
<http://www.king-hs.pac.odedodea.edu>