

MWR Directory

Main Base

Administration X3472

Auto Hobby Shop X3977

Mon & Fri: 12 Noon - 8 p.m.
Wed & Thu: 4 - 8 p.m.
Sat & Sun: 11 a.m. - 6:30 p.m.

Bowling Center X3634

Daily 11 a.m. - 10 p.m.
Secured second Tuesday of each month until 5 p.m.
11th Frame Snack Bar X3636

Child Development Center X2985

Mon - Fri: 6:30 a.m. - 5:30 p.m.
Closed Federal Holidays.
(Special openings by pre-arrangement)

Fleet Fitness Center X3588

Gear Issue X3595

Spare Time Recreation Fitness Center

Open 24 hours daily

Galaxies Club X2980/2981

Sun - Thurs: 6 p.m. - 12 a.m.
Fri & Sat: 6 p.m. - 2 a.m.

Launch Pad (2nd Deck)

TAKE-OUT X2977/2978

Market Street Grill, Parcheezi's & Cactus Cantina

Sun - Thu: 11 a.m. - 11 p.m.,
Fri & Sat: 11 - 1 a.m.
2nd Floor Lounge opens 11 a.m. daily

Harbor View Club X3965/3966

Breakfast: Mon - Fri: 6:30 - 9 a.m.,
Sat: 6:30 - 10:30 a.m.
Lunch: Mon - Sat: 11 a.m. - 2 p.m.
Dinner: Mon - Sun: 5 - 9 p.m.
Sunday Brunch: 10 a.m. - 2 p.m.

Game Room Daily: 9:30 a.m. - 11:30 p.m.

Cove Tavern:

Daily: 4:30 p.m. - 11 p.m.

John Meyer (CPO) Club:

Daily: 11 a.m. - 11 p.m.

Liberty X3756

Single & Unaccompanied Program

Located on the second floor above the

Fleet Fitness Center

Sun - Thu: 11 a.m. - 11 p.m.

Fri & Sat: 11 - 1 a.m.

Holidays: 11 - 1 a.m.

Library X3593

Mon - Sat: 9 a.m. - 10 p.m.

Sun & Holidays: 10 a.m. - 5 p.m.

Marketing X3930

Paws & Claws X2905

Mon, Tues, Thurs & Friday:

8 a.m. - 12 Noon & 1 - 5 p.m.

Wed: 9 a.m. - 12 Noon & 1 - 5 p.m.

Holidays Hours: 9 a.m. - 3 p.m.

Weekends: 8 a.m. - 4 p.m.

Personnel Office X3328

Mon - Fri: 8 a.m. - 4:30 p.m.

Pre-Teen Center X2908

Mon - Thu: 3 - 6 p.m.

Fri & Sat: 3 - 8 p.m.

Sun & Federal Holidays: Closed

Sailing & Outdoor Adventure Ctr. X3500

Mon, Thu, Fri: 11 a.m. - 6 p.m.
Secured Tuesday and Wednesday
Saturday & Sunday: 8 a.m. - 6 p.m.

Sato Leisure Travel X3488

Mon - Fri: 9 a.m. - 5 p.m.
(located in the CFAS Welcome Center)

Showboat Theater X3822

Showtimes published weekly in "Sasebo Soundings"

Teen Center X3797

Mon - Thur: 3 - 8 p.m.
Fri & Sat: 3 - 11 p.m.
Sun & Federal Holidays: Closed

Travel & Tours X3433/2916

Mon - Sat: 10 a.m. - 6 p.m.

Veterinary Services X3585

Mon, Tue, & Fri: 8 a.m. - 4 p.m.
Wed: 8 a.m. - 3 p.m.
Thur: 1 - 3:30 p.m.
Sat, Sun, & Holidays: Secured

Wood Shop X3954

Tuesday & Thursday: 5 - 9 p.m.
Sat: 11 a.m. - 5 p.m.

Youth Center X3797

Mon - Fri: Before School 6:30 - 8 a.m.
After School: 2:45 - 5:30 p.m.
Sun & Federal Holidays: Closed

Hario Village

Child Development Center X8842

Mon - Fri: 6:30 a.m. - 6 p.m.
Closed Federal Holidays
(Special openings by pre-arrangement)

Community Recreation Office X8860/8861

Mon - Fri: 8 a.m. - 5 p.m.,
Sat: 10 a.m. - 2 p.m.

Fitness Center X8960/61

Mon - Fri: 6 a.m. - 10 p.m.
Sat, Sun & Holidays: 8 a.m. - 10 p.m.

Hario Pub X8857

Thu - Sat: 5 p.m. - 12 a.m.
Secured Sunday through Wednesday

Pre-Teen Center X8968

Mon - Thu: 3 - 6 p.m.
Fri & Sat: 3 - 8 p.m.
Sun & Federal Holidays: Closed

Teen Center X8966

Mon - Thu: 4 - 8 p.m., Fri: 4 - 11 p.m.
Sat: 3 - 11 p.m., Sun: 12 - 5 p.m.
Sun & Federal Holidays: Closed

Village Theater X8753

Showtimes published in the weekly in the "Sasebo Soundings".

Youth Center X8866

Mon - Fri: Before School 6:30 - 8 a.m.
After School: 2:30 - 6 p.m.
Sun & Federal Holidays: Closed

Youth Sports X8963

Tony Benton

COMMANDER,
FLEET ACTIVITIES, SASEBO
Captain Michael L. James

CHIEF STAFF OFFICER
CDR Bernard P. Wang

MWR DIRECTOR
Robert S. Poluhowich

GENERAL MANAGER
NEX
Sandra Franklin

FFSC DIRECTOR
Elaine Horrell, Acting

MWR MARKETING
DIRECTOR
Allison Foo

MWR PUBLIC AFFAIRS
SPECIALIST
Frank A. DeSilva &
Debra Andersen

MWR MARKETING ADMIN.
OFFICER
Sachiko Yamasaki

PUBLICITY ASSISTANT
Olya Covington & Jen Martin



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